

## Effect of ground flaxseed on the carcass characteristics of Karadi male lambs

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### Abstract

To investigate the effect of dietary supplementation of Ground Flaxseed (GF) on performance and carcass characteristics of Karadi male lambs. Flaxseed was used in feeding period that lasted for 90 days using twelve ram Karadi lambs, at 6 months old, which divided into 3 equal groups (4 rams/group). The lambs were randomly allocated into three treatments to receive either control ration (no Ground flaxseed), or ration containing 4% Ground Flaxseed (T1), or diet containing 8% Ground Flaxseed (T2). All the lambs were received an equal daily allowance of concentrate ration (3% of the body weight). At the end of feeding trial (8 weeks), all the lambs were slaughtered. They were weighed immediately before slaughter to provide slaughter body weight (SBW). Immediately after skinning, evisceration was carried out and the carcass components were weighted. Then several quantity characteristics for carcasses were studied, which include: hot carcass weight (HCW), dressing percentage, thickness of subcutaneous fat, rib eye area, partition and cutting of Carcass. Data were analyzed using XL Stat. The results showed that GF has no significant effect on live body weight, hot carcass weight, and dressing percentage %, it also has no significant differences on some carcass cuts for example: leg, shoulder, loin, rack, fore shank and neck. On the other hand, GF supplementation caused a significant ( $P<0.01$ ) decrease in Sub-fat thickness which was  $3.695 \pm 0.629$  and  $2.375 \pm 0.191$  in T1 and T2 respectively in comparison to control group  $5.015 \pm 0.049$  mm. Rib eye area increased significantly ( $P<0.05$ ) in T1 and T2 treatments ( $12.035 \pm 0.205$  and  $14.145 \pm 0.955$  respectively) compared to control ( $10.005 \pm 1.039$  cm<sup>2</sup>). Some of the carcass cuts, Breast and Flank, decreased significantly ( $P<0.05$ ) in T2 compared to T1 and Control. In conclusion, GF supplementation significantly decrease breast and flank cuts, while rib eye area significantly increased. However, the decrease in fat thickness may be reflecting the decrease in fat percentages in the carcass that indicates the effect of GF in improvement of carcass traits.

**Keywords:** Ground Flaxseed, Karadi Ram Lambs, Hot Carcass Weight, Dressing Percentage, Rib Eye Area  
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### تأثير بذور الكتان المجروش على بعض صفات ذبائح الحملان الكرادية

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### الخلاصة

لدراسة تأثير استخدام بذور الكتان المجروش على بعض صفات ذبائح الحملان الكرادية، استخدمت بذور الكتان المجروش كمكمل غذائي لمدة ٩٠ يوم باستخدام ١٢ ذكر من الحملان الكرادية وبعمر ٦ أشهر، وتم توزيع الحملان عشوائياً على ٣ معاملات بواقع أربعة مكررات لكل معاملة. تم إضافة بذور الكتان المجروش إلى العليقة بتركيز ٠ % (مجموعة السيطرة) و ٤ % (المعاملة الأولى T1) و ٨ % (المعاملة الثانية T2). قدمت العلف المركز للحملان حسب المتطلبات اليومية (٣% وزن الجسم). في نهاية التجربة، تم ذبح جميع الحملان. تم وزنها مباشرة قبل الذبح لمعرفة وزن جسم الذبيحة. مباشرة بعد السلخ، تم نزع ووزنت الأحشاء ومكونات الذبيحة. ثم تم دراسة العديد من الخصائص الكمية للذبائح التي تشمل: وزن الحي النهائي، وزن الذبيحة الساخنة، نسبة التصافي، سمك الطبقة الدهنية تحت الجلد،

مساحة العضلة العينية، وقطعيات الذبيحة. تم تحليل البيانات باستخدام برنامج XL Stat. أظهرت النتائج عدم وجود تأثير معنوي لأستخدام المكملات الغذائية من بذور الكتان المجروش على وزن الحي النهائي ووزن الذبيحة الحارة ونسبة التصافي، كما أنه لا يوجد فروقات معنوية على بعض قطعيات الذبيحة على سبيل المثال: الفخذ وقطعة الكتف والقطن والاضلاع والزبد والرقبة. من ناحية أخرى، أدت المكملات الغذائية من بذور الكتان المجروش إلى انخفاض معنوي ( $P < 0.01$ ) في سمك الطبقة الدهنية تحت الجلد التي كان ( $3,695 \pm 0,629$  و  $2,375 \pm 0,191$ ) في T1 و T2 على التوالي بالمقارنة مع مجموعة السيطرة ( $5,015 \pm 0,049$ ) ملم. مساحة العضلة العينية ازدادت بشكل معنوي ( $P < 0.05$ ) في المعاملة T1 و T2 ( $12,035 \pm 0,205$  و  $14,145 \pm 0,955$  على التوالي) مقارنة بالسيطرة ( $10,005 \pm 1,039$  سم<sup>2</sup>). وانخفضت بعض قطعيات الذبيحة مثل الصدر والخاصرة بشكل معنوي ( $P < 0.05$ ) في T2 مقارنة مع T1 ومجموعة السيطرة. من خلال هذه الدراسة نستنتج بأن استخدام المكملات الغذائية من بذور الكتان المجروش يقلل بشكل كبير من وزن كل من قطعة الصدر والخاصرة، في حين أن مساحة العضلة العينية ازدادت بشكل معنوي. ومع ذلك، فإن الانخفاض في سمك الطبقة الدهنية تحت الجلد قد يعكس انخفاض في نسب الدهون في الذبيحة التي تشير إلى تأثير استخدام بذور الكتان المجروش في تحسين صفات الذبيحة.

## Introduction

Meat is a food that contains most of the nutrients necessary for livability, growth and physiological functions, it plays very important roles in the human nutrition by contributing high quality proteins, essential minerals and trace elements and a range of B vitamins in bio available forms (1). However red meat contains high biological value protein and important micronutrients that are needed for good health throughout life. It also contains a range of fats, including essential omega-3 polyunsaturated fats. There has been an increased interest in recent years in ways to manipulate the fatty acid composition of meat. This is because meat is seen to be a major source of fatten the diet and especially of saturated fatty acids, which have been implicated in diseases associated with modern life, especially in developed countries. For this reason, ways to improve the polyunsaturated fatty acid: saturated fatty acid (P:S) ratio during meat production are required (2). In light of many studies conducted mainly with beef cattle, its essential to the efficient use of vegetable oils by ruminants is prevention of polyunsaturated fatty acids (PUF) in feeds from biodegradation in the rumen. The simplest and cheapest way of achieving this is to feed whole oilseeds (3). Many scholars think this requires supplementing the feeds with antioxidants, vitamin E being the most efficient and natural one (4). Brown-seeded flax, which is rich in alpha linolenic acid (ALA), an omega-3 fatty acid, is the most common flax grown in Canada. The terms "flaxseed" and "linseed" are often used interchangeably, although North Americans use "flaxseed" to describe flax when it is eaten by humans and "linseed" to describe flax when it is used for industrial purposes, such as linoleum flooring. In Europe, the term "flaxseed" describes the varieties grown for making linen (5). Flax is rich in oil, protein and dietary fiber. An analysis of brown Canadian flax consists of averaged 41% oil, 20% protein, 28% total dietary fiber, 7.7% moisture and 3.4% ash (6). The chemical composition varies considerably among varieties and also depends on the environmental conditions in which the plant is grown

(7,8). Flaxseed can be effectively used in feedlot rations; several studies have demonstrated the use of up to 20% flaxseed in the diet without negatively affecting performance (9). Flaxseed has high levels of energy and protein and promotes feed intake and weight gain. Flaxseed has also been shown to offer additional benefits over its nutritional value alone, however flax is a highly palatable feed ingredient and contains high levels of nutrients (10). The previous studies have shown that Omega-3 source has affected some carcass characteristics, such as carcass weight, rib eye area, 12th rib fat thickness, muscle weight, fat distribution and carcass cuts. As well as, marbling scores, and quality grade have been affected by flaxseed supplementation for instant (11-13). Ground flaxseed increased marbling and grade scores when the finishing diet was supplemented with ground flaxseed (9). Flaxseed is the richest land-based source of the omega-3 fatty acid  $\alpha$ -linolenic acid, or ALA (14). However, flaxseed is unique among oilseeds because of its exceptionally high content of ALA (18:3, n-3), contains 35 to 45% oil, of which 45 to 52% is ALA (15). The deposition and distribution of body fat observed in the study of (13) suggested that the polyunsaturated fatty acids from the fish oil could be a repartitioning factor for carcass fats in lambs and could have a favorable effect on the carcass fatness and the quality of lamb meat. These results indicate that the low level (3%) of flaxseed powder is the best to improve and increase the efficiency of meat production and reduce the deposition of fat in the animal's body (16). Increasing levels (0, 5, 10, and 15%) of ground flaxseed in a swine diet for the final 25 days before slaughter increased the content of healthful omega-3 fatty acids in bacon and loin chops. The 15% flaxseed diet caused the greatest increase, but consumers were able to identify bacon from the higher levels in triangle tests. Thus, 15% dietary flaxseed is probably the highest level that should be used with finishing hogs (17). The  $\alpha$ -linolenic acid is the precursor of n-3 fatty acids de novo synthesis. The effect of the different forms of linseed supplementation in diet was analyzed in cattle (18-20), pigs (21), lambs (22,23) and goat (24).

Otherwise, (25) and (26) reported no differences for daily gain, age and live weight at slaughter between high and low forage diet fed to Friesian young bulls, moreover the oilseed supplementation (rapeseed and crushed linseed, respectively) did not have any effect on performance traits. The inclusion of linseed in maize silage diet did not influence the growth performance (27). Similarly, to (20) supplementing concentrate with or without linseed during the finishing period of grass fed steers the daily gain did not change significantly, and the different forage to concentrate ratios with/ without linseed supplementation did not significantly affect the performance and slaughter traits. The supplementation of flax seed to diets of finishing Hanwoo steers improved sensory evaluations which might have been caused by increases in flavor related amino acids such as methionine, glutamic acid and  $\alpha$ -AAA and peptides, anserine and carnosine, and their complex reactions (28). Maddock *et al.* (29) included that flaxseed in the diets of finishing beef heifers did not affect ( $p = 0.32$ ) fat thickness over the 12th rib. These results might be caused by increases in the concentration of free amino acids, glutamic acid, methionine, and  $\alpha$ -AAA, and peptides, anserine and carnosine, and their complex reactions. Some studies have shown that carcass traits under way to increase the concentration of unsaturated fatty acids (UFA) using vegetable or fish oil supplements in feeds and to reduce the level of cholesterol in animal products through appropriate nutrition: (30), eggs (31) and meat (32). Several feed strategies have been tested to increase the n-3 UFA content of lamb meat such as fish oil used in the past or more recently vegetable sources like linseed. Further detailed studies, however, to understand mechanisms for the improved beef flavors by feeding flax seed in the diet of finishing beef cattle are necessary. Therefore, the objective of this project is to investigate the effect of dietary supplementation of Ground Flaxseed on performance and carcass characteristics of Karadi male lambs.

## Materials and methods

### Animals, experimental design, and diets

This study was carried out at the animal production field, Department of Animal Science, College of Agricultural Science, University of Sulaimani, Bakrajo, Sulaimani, Iraq, over the periods of October 20th, 2014 to January 23th, 2015. Flaxseed was used in feeding period that lasted for 90 days using (12) twelve Karadi lambs with live body weight of  $26 \pm 0.018$  and 6 months old, which divided into 3 equal groups (4 lambs/group). The ration was gradually offered to the lambs over a period of 2 weeks as adaptation period, at the same time, the lambs were drenched orally against internal worms, Ascarida, Lung and tape worms and repeated 14 days later using LevozaniDE. PROMECTINE is used also against external and internal

parasites at the beginning of the experiment and 14 days later via subcutaneous of lambs. They were also vaccinated using COGIAVAX (Vaccine) polyvalent inactivated vaccine against Clostridial infections in ruminants, adjuvated with aluminum hydroxide gel which was used at the beginning of the experiment.

The lambs were randomly allocated into three treatments to receive either control ration no Ground flaxseed (GF) 0%, or ration containing 4% Ground Flaxseed (T1), or diet containing 8% Ground Flaxseed (T2). All the lambs were received an equal daily allowance of concentrate ration (3% of the body weight). The formulations of the concentrate diet are presented in (Table 1). The lambs were randomly penned individually indoors on dry earth bedding and the concentrate was supplied once daily (9:00 am). The straw was given ad libitum. Each ration treatment was tested for 2 weeks adaptation and 8 weeks of feeding periods respectively. Daily feed intake and refused were measured and sampled for 8 weeks. The lambs were weighed once weekly from the beginning till the end of the experiment.

Table 1: Formulation and chemical composition of concentrate diets

Ingredients (%)	Control	T1	T2
Barley	41	37	33
Wheat	30	30	30
Yellow Corn	15	15	15
Soybean meal	12	12	12
Flaxseed	0	4	8
Salt	1	1	1
Minerals and vitamins	1	1	1
Chemical composition			
Crude protein (CP)%	15.72	16.19	16.66
Metabolizable energy ME (MJ/Kg) *	12.47	12.42	12.37

Calculated metabolize energy ME (MJ/ kg DM) and CP representing two components of the feeds from the tables of chemical analysis of the Iraqi feed materials (33), except ME of Flaxseed calculated as stated by (9).

### Slaughtering and carcass characteristics

At the end of the feeding trial (8 weeks), all lambs were slaughtered. The lambs were weighed immediately before slaughter to provide slaughter body weight (SBW). Slaughtering was performed according to the Islamic way by severing the jugular vessels, esophagus and trachea without stunning. The lambs were slaughtered in an experimental abattoir. In this method, the conscious animals were placed in lateral recumbence with head facing upwards. Bleeding was carried out by an incision on the jugular furrow at the occipito-atlantal junction close to

head, severing both carotid arteries, jugular veins and in some cases the trachea, esophagus and spinal cord. Immediately after slaughter, the head was racked by hind legs and skinning was completed. Immediately after skinning evisceration was carried out and the carcass components were weighted. Then several quantity characteristics for carcasses were studied, which include: Hot carcass weight (HCW), Dressing percentage, Thickness of subcutaneous fat, Rib eye area, Partition and cutting of Carcass.

**Statistical analysis**

Data were analyzed by using XL Stat, version 7.5, 2004. (34). The following model was used:

$$Y_{ij} = \mu + T_i + e_{ij}$$

Where:

$\mu$  = The overall means of traits,

$T_i$  = The effect of treatments (C, T1 and T2),

$e_{ij}$  = Random error, assumed to be equal to zero and variance is  $\sigma^2$  ( $N \sim 0, \sigma^2$ ).

The significant differences between means of traits included in this study were determined by using Duncan's multiple range tests under the probability ( $P < 0.05$ ) (35).

**Results and discussion**

The aim of the current study was to investigate the effect of dietary supplementation of Ground Flaxseed on performance and carcass characteristics of Karadi male lambs. All traits depend both on genetic and environmental factors. Heredity and environment interact to produce their effects. This means that the way genes act depends on the environment in which they act. In the same way, the effects of environment depend on the genes with which they work. We previously showed that inhibiting of myostatin gene caused a significant increase in muscle mass and reduction in fat depots with depression of adipogenesis (36). In the present study we studied the environmental effect which includes using flaxseed supplementation. The results in table 2 show the effect of GF feeding on final live body weight, hot carcass weight (HCW), Dressing percentages at slaughter body weight (SBW). The results indicated that no significant differences were found among treatments concerning these traits. It clarifies that there was mathematical decreased in final live body weight, hot carcass weight might be due to addition of ground flaxseed (GF). These results agree with those reported by (37) when lambs fed diet supplemented with linseed oil and mineral bioplex. Similar findings were observed by many other reports (32,38,39).

Table 2: Effect of ground flaxseed supplementation on carcass measurement (Mean  $\pm$  Standard Deviation)

Treatment	Final live body wt. (kg)	Hot carcass wt. (kg)	Dressing percentage (%)
Control (0%)	26.850 $\pm$ 1.909 <sup>a</sup>	13.190 $\pm$ 2.234 <sup>a</sup>	49.01 $\pm$ 3.426 <sup>a</sup>
T1 (4%)	26.650 $\pm$ 6.576 <sup>a</sup>	12.930 $\pm$ 4.313 <sup>a</sup>	48.16 $\pm$ 3.086 <sup>a</sup>
T2 (8%)	26.200 $\pm$ 3.960 <sup>a</sup>	11.830 $\pm$ 1.286 <sup>a</sup>	44.73 $\pm$ 1.780 <sup>a</sup>

Means having different small letters among treatments (columns) for each trait are significantly different ( $P < 0.01$ ).

The effect of ground flaxseed GF supplementation on rib eye area and fat thickness which are presented in table 3. The results were significantly affected by GF Supplementation. The results also show that GF supplementation tended to increase the rib eye area. Highest value for this trait was achieved with T<sub>2</sub> (14.145 cm<sup>2</sup>) and the lowest value was (10.005 cm<sup>2</sup>) for C group. On the other hand, GF supplementation tended to decrease the fat thickness, the lowest value was observed in T2 (2.375 mm) and the highest value was observed in C group (5.015 mm). We previously could to decrease fat in this study; GF supplementation generally increased rib eye area, with decrease in fat thickness in T<sub>1</sub> and T<sub>2</sub> as compared with C group. These findings agree with those results reported by (40) who found that different particle size of rapeseed and linseed supplementation in ration of lamb diets increased rib eye area, in contrast, (37) reported no significant differences between treatments in rib eye area. While (22) reported no-significant decrease in fat thickness. Also (1)

observed that lambs fed fish meal diet had a smaller ( $P < 0.05$ ) fat depth compared with lambs fed fish oil with protected sunflower meal (FOSMP) diet.

Table 3: Effect of ground flaxseed supplementation on sub-fat thickness and rib eye area (Mean  $\pm$  Standard Deviation)

Treatment	Sub-fat thickness (mm)	Rib eye area (cm <sup>2</sup> )
Control (0%)	5.015 $\pm$ 0.049 <sup>a</sup>	10.005 $\pm$ 1.039 <sup>A</sup>
T1 (4%)	3.695 $\pm$ 0.629 <sup>b</sup>	12.035 $\pm$ 0.205 <sup>AB</sup>
T2 (8%)	2.375 $\pm$ 0.191 <sup>c</sup>	14.145 $\pm$ 0.955 <sup>B</sup>

Means having different small letters among treatments (columns) for each trait are significantly different ( $P < 0.01$ ), Means having different capital letters among treatments (rows) for each trait are significantly different ( $P < 0.05$ ).

Table 4 clarifies the effect of GF supplementation on the major and secondary carcass cuts. From the results

denoted that GF supplementation had no significant influence on the carcass cuts except breast and flank cuts which were significantly differed. The breast and flank cuts value showed irregular trend with GF supplementation. Baranowski *et al.* (37) reported that no significant differences were found among treatments in weight of leg and in leg tissues (meat, fat and bones) composition when fed the diet supplemented with linseed oil and mineral-bioplex.

Baranowski *et al.* (37) reported that no significant changes were recorded with fish oil supplementation on the weights of the half carcass and the separate cuts, which

tended to decrease in the animals from the experimental group. Similar trend was reported by (12) in cattle, but (41) observed higher weight of the carcass and the carcass cuts in kids in response to fish oil supplementation. The obtained results revealed significant and no significant differences in cut percentages which might be related to differences in growth patterns in the different locations of animal body, and this response may reflect changes in growth patterns. Further detailed studies, however, to understand mechanisms for the improved beef flavors by feeding flax seed in the diet of finishing beef cattle are necessary.

Table 4: Effect of ground flaxseed supplementation on the carcass cuts (Mean  $\pm$  Standard Deviation)

Treatment	Leg	Shoulder	Loin	Rack	Breast	Fore shank	Flank	Neck
Control (0%)	2091.107 $\pm$	1361.607 $\pm$	277.207 $\pm$	620.757 $\pm$	485.107 $\pm$	242.607 $\pm$	255.907 $\pm$	135.707 $\pm$
	261.417 <sup>a</sup>	410.617 <sup>a</sup>	59.609 <sup>a</sup>	37.901 <sup>a</sup>	48.295 <sup>A</sup>	25.951 <sup>a</sup>	47.164 <sup>A</sup>	10.819 <sup>a</sup>
T1 (4%)	2025.956 $\pm$	1310.456 $\pm$	456.556 $\pm$	562.956 $\pm$	494.556 $\pm$	317.956 $\pm$	262.306 $\pm$	274.256 $\pm$
	563.918 <sup>a</sup>	368.049 <sup>a</sup>	62.438 <sup>a</sup>	157.614 <sup>a</sup>	65.266 <sup>AB</sup>	49.143 <sup>a</sup>	23.759 <sup>A</sup>	26.658 <sup>a</sup>
T2 (8%)	1268.625 $\pm$	1358.625 $\pm$	630.925 $\pm$	430.475 $\pm$	434.025 $\pm$	457.625 $\pm$	218.475 $\pm$	421.225 $\pm$
	1155.483 <sup>a</sup>	73.468 <sup>a</sup>	58.902 <sup>a</sup>	69.438 <sup>a</sup>	49.002 <sup>B</sup>	131.751 <sup>a</sup>	12.869 <sup>B</sup>	75.448 <sup>a</sup>

Means having different small letters among treatments (columns) for each trait are significantly different ( $P < 0.01$ ), Means having different capital letters among treatments (rows) for each trait are significantly different ( $P < 0.05$ ).

## Conclusion

In conclusion, the results of the present study suggest that dietary supplementation with different levels of Ground Flaxseed resulted in significant ( $P < 0.05$ ) improvements in rib eye area, significant decrease ( $P < 0.01$ ) in sub-fat thickness, the results for the carcass cuts showed significant decrease ( $P < 0.05$ ) for each of Flank and Breast. These increases in rib eye area may be reflecting the increase in weight of loin cut. However, the decrease in fat thickness may be reflecting the decrease in fat percentages in the carcass that indicates the effect of Ground Flaxseed in improvement of carcass traits.

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